

# Program Pool: 23/05/2022 – 03/07/2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																
6.00am																																							
6.30am																																							
7.00am																																							
7.30am																																							
8.00am						NO PUBLIC ACCESS																																	
8.30am							NO PUBLIC ACCESS																																
9.00am		NO PUBLIC ACCESS	NO PUBLIC ACCESS	NO PUBLIC ACCESS	NO PUBLIC ACCESS			8:00am – 12:30pm	LTS Program																														
9.30am	NO PUBLIC ACCESS	9:00am – 11:00am	9:00am – 11:00am		NO PUBLIC ACCESS				SWSLHD	8:30am																													
10.00am	9:30 – 10:30am Aqua Fit	LTS Program	LTS Program	9:00am – 12:00pm	9:00am – 10:30am				-																														
10.30am	NO PUBLIC ACCESS										NO PUBLIC ACCESS	12pm																											
11.00am	10:30am - 12:30pm	NO PUBLIC ACCESS	NO PUBLIC ACCESS	RLSS Program	Aqua Fit						LTS Program																												
11.30am		Aqua Fit	Aqua Fit										10.30am-11.30am																										
12.00pm	Heroes with Ability	11:00am - 12:00pm	11:00am - 12:00pm		NO PUBLIC ACCESS								1:00pm – 5:30pm																										
12.30pm			NO PUBLIC ACCESS		SWSLHD										NO PUBLIC ACCESS																								
1.00pm			12:00pm – 1:00pm Heroes with Ability		11:30am -12:30pm	Rainbow Club																																	
1.30pm							1:00pm – 5:30pm																																
2.00pm				NO PUBLIC ACCESS				NO PUBLIC ACCESS																															
2.30pm				Swim Sisters						NO PUBLIC ACCESS																													
3.00pm				2pm – 3pm					NO PUBLIC ACCESS																														
3.30pm	No Public Access	No Public Access	No Public Access	No Public Access	No Public Access							NO PUBLIC ACCESS																											
4.00pm											3.30pm-7pm					3.30pm - 7pm	3.30pm - 7pm	3.30pm -7pm	3.30pm - 7pm	NO PUBLIC ACCESS																			
4.30pm														LTS Program							LTS Program	LTS Program	LTS Program	LTS Program	NO PUBLIC ACCESS														
5.00pm													LTS Program													LTS Program	LTS Program	LTS Program	LTS Program	NO PUBLIC ACCESS									
5.30pm															LTS Program																LTS Program	LTS Program	LTS Program	LTS Program	NO PUBLIC ACCESS				
6.00pm						LTS Program																														LTS Program	LTS Program	LTS Program	LTS Program
6.30pm							LTS Program																																
7.00pm	LTS Program	LTS Program	LTS Program	LTS Program	LTS Program			NO PUBLIC ACCESS																															
7.30pm										LTS Program	LTS Program					LTS Program	LTS Program	LTS Program	NO PUBLIC ACCESS																				
8.00pm									LTS Program					LTS Program							LTS Program	LTS Program	LTS Program	NO PUBLIC ACCESS															
7:30pm												No Public Access														No Public Access			NO PUBLIC ACCESS										
8:00pm												Aqua Fit			Aqua Fit												NO PUBLIC ACCESS												

These times can potentially change due to group bookings or accidental pool closure.  
 Feel free to call our reception to confirm availability: 9607 6598